REGISTRATION FEE**

Registration fee includes conference kit, lunch, dinner and certificate.
Local students: Rs. 500/-
Outstation students: Rs. 600/-
Research Scholars: Rs. 800/-
Staff: Rs. 1000/-
Professionals: Rs. 1200/-

Note: PFHHP Kit cannot be assured to accompanying persons.
**Registration fee can be paid through cash or Demand Draft in favour of "The Principal, St. Agnes College (PG), Mangalore".

DD No:
Date:
Amount:
Name of the Bank:

ACCOMMODATION

Selected and shared accommodation will be provided on request and on first come first basis. Accommodation tariff is exclusive of the conference registration fee.

Students: Rs. 400/- per day

Accommodation rates per day per room

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Type</th>
<th>Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suman</td>
<td>Non a/c</td>
<td>Rs. 800/-</td>
</tr>
<tr>
<td>Residency</td>
<td>Premium Single room</td>
<td>Rs. 1150/-</td>
</tr>
<tr>
<td></td>
<td>Premium Double room</td>
<td>Rs. 1550/-</td>
</tr>
<tr>
<td></td>
<td>With a/c</td>
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<tr>
<td></td>
<td>Premium Single room</td>
<td>Rs. 1100/-</td>
</tr>
<tr>
<td></td>
<td>Premium Double room</td>
<td>Rs. 1500/-</td>
</tr>
<tr>
<td>Mayur</td>
<td>Deluxe Single</td>
<td>Rs. 1250/-</td>
</tr>
<tr>
<td>Residency</td>
<td>Deluxe Double</td>
<td>Rs. 1500/-</td>
</tr>
<tr>
<td></td>
<td>Extra Person</td>
<td>Rs. 300/-</td>
</tr>
<tr>
<td>Maya</td>
<td>Non a/c</td>
<td>Rs. 1300/-</td>
</tr>
<tr>
<td>International</td>
<td>Single Deluxe</td>
<td>Rs. 1700/-</td>
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<td></td>
<td>Double Deluxe</td>
<td>Rs. 1900/-</td>
</tr>
<tr>
<td></td>
<td>With a/c</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Single Deluxe</td>
<td>Rs. 1700/-</td>
</tr>
<tr>
<td></td>
<td>Double Deluxe</td>
<td>Rs. 1900/-</td>
</tr>
</tbody>
</table>

For accommodation details Contact:
Dr. Vinoth Kumar Mob : +91 8892241015
Mr. Colin D’Souza (Student Representative) Mob : +91 7760608800

KEYNOTE ADDRESS

By Dr. B. M. Hegde
Ex- Vice Chancellor of Manipal University

PANEL DISCUSSION

Topic: The Challenges of promoting happiness, harmony and peace in the current social scene

Chair Person
Dr. Sr. Marie Prem D’Souza A.C.
Principal

Organizing secretary
Dr. V Premanand
HOD
v.premanand23@gmail.com
Ph: +91 9880853125

Student Organizing Secretary
Ms. Diana Rodrigues
Email ID: sacpehhp2013@gmail.com

PRECONFERENCE WORKSHOP

ON
POSITIVE BEHAVIOR THERAPY FOR HEALTHY, HAPPY AND SUCCESSFUL LIVING
MARCH 13th, 2013

By
Dr. Hemalatha Natesan
Retired Professor
Avinashilingam University for Women
Coimbatore, Tamilnadu

Spot Registration: Students Rs. 300/-
Staff and Professionals Rs. 400/-

Confirm Participation by: 01.03.2013
For further details contact:
Sr. Marie Evelyn A.C
Co-ordinator
St Agnes Centre for Postgraduate Studies and Research
Mercara Hill Road, Bendore, Mangalore
Mobile: 9449105344
Email ID: marieevelynac@yahoo.com

ST. AGNES COLLEGE
(AUTONOMOUS)
Mangalore 575002
Re-accredited by NAAC (2012) – ‘A’ Grade
College with Potential for Excellence

DEPARTMENT OF PSYCHOLOGY
In association with
INTEGRAL YOGA SATSANGA
Organizes

UGC SPONSORED
NATIONAL LEVEL CONFERENCE
ON
PSYCHOLOGY FOR ENHANCING HAPPINESS HARMONY AND PEACE
March 14th & 15th, 2013
ABOUT THE COLLEGE

St. Agnes College, Mangalore, Karnataka is a premier institution which from its inception (1921) has imparted higher education to the women of South India. It has ever since proved to be a standard bearer of repute in the field. The College promotes sound social and family values that make for continuous internal upgradation, especially in the areas of teaching and learning, research and publication, faculty improvement and extension activities. Honours Programmes, Certificate Courses and Minor Research projects, conducted on a regular basis, keep the staff ever alert to the contemporary needs of society and the demands of the job market. Therefore to promote academic excellence in teaching and research, the Management of St. Agnes College has accepted the status of academic autonomy for the College since 2007.

DEPARTMENT OF PSYCHOLOGY

The Department of Psychology was established in 1957 at the undergraduate level. Psychology being a science of the mind and of behaviour has been much sought after as a subject of study by students.

In 2008 under the autonomy granted to St Agnes College, the Department made a foray into postgraduate education, thereby catering to a growing number of students who wished to make a career in the field. It is the only department in the state that also offers Clinical Psychology, a paramedical programme offered by the institution under the auspicious of the Rajiv Gandhi University of Health Sciences, Bangalore.

Guidance and counselling, MR certification, memory improvement techniques, time and stress management, mindfulness and psychological assessment are some of the services render by the department to the public. The Department also offers a PG Diploma in Guidance and Counselling.

BACKGROUND

In a society which is in rapid transition, torn between the traditional and the post modern, technology driven and consumerist, the human individual gets bogged down in the morass of materialism and competition. To combat modern stress at home and in the workplace, the conference is designed to promote and understand of one’s own life, to nurture clarity of thought regarding one’s position, goals and relationships. Interpersonal relationships, conflicting ideas and ideologies, communal differences all tend to disrupt harmony in society. Family traditions are often at odds with contemporary trends among the youth. This invariably results in conflicts within families. The conference will dwell upon such issues as insecurity and fear, and the means by which these can be successfully tackled, thereby leading to sense of peace and the experience of joy by the individual in concern. The strategies employed will include presentations and open-ended discussions.

OBJECTIVES

1. To bring the academicians, practitioners and researchers onto a common platform to deliberate on the dynamics of “Psychology for enhancing Happiness, Harmony and Peace”.
2. To provide a platform for scholars across disciplines to arrive at the holistic perspective, necessary to achieve global happiness, harmony and peace.
3. To orient students of Psychology towards a proactive role in enhancing happiness, harmony and peace.
4. To make recommendations and policy suggestions to the respective bodies for the enhancement of happiness, harmony and peace.

MAJOR SUB THEMES (SAC – PEHHP)

Theories, principles and practices of Psychology
1. To enhance personal life.
   1.1 Individuals
   1.2 Families
2. To enhance public life.
   2.1 Educational Institutions
   2.2 Industries/ Organizations
   2.3 Communities
   2.4 States/ Nations
   2.5 The Environment

PARTICIPANTS

Academicians, Research Scholars, Social Workers, Medical Personnel, Journalists, IT Professionals, NGO’s in Health, Social Work Ministry, Certified Yoga Practitioners, Policy Makers, Mental Health Professionals and Order Officials and Students with an inclination to the service of shaping desired behavior.

IMPORTANT DATES

Abstract submission: 21st January 2013
Notification of abstract acceptance: 30th January 2013
Full paper submission: 11th February 2013

GUIDELINES FOR ABSTRACT SUBMISSION

Page Format: A4, Margins: 1.5” left and 1” top, bottom and right.
Title: Times New Roman, 18 pt, Bold, Justified, Single Spacing, Central alignment.
Author(s), Designation, Affiliation: 14 pt, Bold, Central alignment.
Email ID’s and Contact no’s: End of the page, 12 pt, Bold.
Text: Times new Roman, 12 pt, justified, 1.5 spacing
Word Limit: 500 words excluding key words
No of key words: Maximum 4

GUIDELINES FOR FULL PAPER SUBMISSION

Page Format: A4, Margins: 1.5” left and 1” top, bottom and right
Title: Times New Roman, 18 pt, Bold, Justified, Single Spacing, Central alignment.
Author(s), Designation, affiliation: 14 pt, Bold, Central alignment.
Email ID’s and Contact no’s: End of the cover page, 12 pt, bold.
Text: Times new Roman, 12 pt, justified, 1.5 spacing, comprising introduction, methods, results, discussion, conclusions, references in APA style.
Word Limit: 2,500 words excluding references.

Logo on: www.psychologypehhp.in